



DATE: October 17, 2023

FROM: Barb Leetch, Region VIII Alzheimer's Coordinator

TO: Region VIII VP, Federation Presidents and Alzheimer's Coordinators

SUBJ: NARFE Region VIII Alzheimer's Association Report for September 2023

As of the end of September, the NARFE fundraising total was \$15,901,078. This amount includes the Longest Day totals and the Walk to End Alzheimer's for 2022. The total amount includes the money raised (\$78,610) from the NARFE teams participating in the 2022 Walk to End Alzheimer's and the donations received (\$2,625) from the Longest Day in 2022. Also, planned gifts received in FY 2023 in the amount of \$859,137 were posted. The planned gifts amount will be updated monthly as more gifts are received throughout the year. During the month of September, our members raised a total of \$17,267, **up** \$365 from donations received in September 2022. The amount raised by Region VIII in FY 2024 is \$4,200 which is **up** \$337 from the same reporting period in FY 2023. Below is the breakout by Federation for both reporting periods:

	FY 2024	FY 2023	Difference
California	\$ 3,485	\$ 2,754	\$ 731
Hawaii	\$ 315	\$ 609	-\$ 294
Nevada	\$ 400	\$ 500	-\$ 100
Total	\$ 4,200	\$ 3,863	\$ 337

The new fundraising goal is \$16 million by December 31, 2025.

Fiscal Year 2024 covers the period July 1, 2023, through June 30, 2024.

Walk to End Alzheimer's. The NARFE Goal for the 2023 Walks is \$100,000. To date, \$86,898 has been raised. Teams can now register for the walk this year at alz.org/narfewalks. The Walk is the largest fundraiser for Alzheimer's care, support, and research. The name "NARFE" should be included in the team's name. You do not need to walk in-order-to start or join a team. You will be making a difference! Donations are accepted through December 31, 2023.

Congratulations to the HI Federation Team for being in 8th place and for the CA Federation Team for being in 9th place for the NARFE Walk Teams.

Congratulations to Lawrence Enomoto, HI Federation, for being the third top participant in all the NARFE Walk Teams. Thank you, Lawrence, for your continued and dedicated support to finding a cure for this devastating disease.

The NARFE HI Federation Team has raised \$3,200 with a goal of \$4,000 and will be participating in Oahu on November 4, 2022. If you would like to donate to this team, please visit https://act.alz.org/site/TR/Walk2023/HI-Aloha?team_id=791602&pg=team&fr_id=16497. Lawrence Enomoto is the Team Captain.

The NARFE CA Federation Team has raised \$2,361 with a goal of \$4,000 and will be participating in San Diego, CA, on October 8, 2022. If you would like to donate to this team, please visit https://act.alz.org/site/TR/Walk2023/CA-SanDiegoImperial?team_id=788828&pg=team&fr_id=16426. Barb Leetch is the Team Captain.

The NARFE Chapter 16 Team has raised \$335 with a goal of \$1,000 and will be participating in Solano County on October 22, 2022. If you would like to donate to this team, please visit https://act.alz.org/site/TR/Walk2023/CA-NorthernCaliforniaandNorthernNevada?team_id=822819&pg=team&fr_id=16410. Robin Leong is the Team Captain.

The place and date for the 2023 Walks in Region VIII are shown below.

Walk Location	2023 Walk Date
Aptos, CA	9/23/2023
Bakersfield, CA	10/21/2023
Chico, CA	10/14/2023
Escondido, CA	9/23/2023
Eureka, CA	10/14/2023
Fresno, CA	10/21/2023
Hermosa Beach, CA	10/7/2023
Huntington Beach, CA	11/4/2023
Imperial County, CA	11/19/2023
Irvine, CA	10/21/2023
Long Beach, CA	10/28/2023
Los Angeles, CA	10/28/2023
Merced, CA	10/7/2023
Modesto, CA	9/9/2023
Monterey, CA	10/7/2023
Orcutt, CA	9/30/2023
Oxnard, CA	9/23/2023
Palm Desert, CA	11/4/2023
Rancho Cucamonga, CA	10/14/2023
Rancho Mission Viejo	9/30/2023

Redding, CA	9/23/2023
Ridgecrest, CA	10/28/2023
Rohnert Park, CA	10/7/2023
Sacramento, CA	9/30/2023
San Diego, CA	10/7/2023
San Fernando Valley, CA	10/22/2023
San Francisco, CA	11/4/2023
San Jose, CA	10/14/2023
San Luis Obispo, CA	11/4/2023
San Ramon, CA (East Bay Area)	10/28/2023
Santa Barbara, CA	10/14/2023
Santa Monica, CA	10/22/2023
Stockton, CA	10/14/2023
Suisun City, CA	10/21/2023
Temecula Valley, CA	10/7/2023
Valencia, CA	10/7/2023
Visalia, CA	8/20/2023
West Lake Village, CA	10/21/2023
Yountville, CA (Napa)	9/9/2023
Yuba City, CA	9/9/2023
Kahului, HI	10/21/2023
Kapa'a, HI	8/26/2023
Hilo, HI	9/23/2023
Honolulu, HI	11/4/2023
Las Vegas, NV	10/28/2023
Sparks, NV	10/14/2023

In the Alzheimer's and dementia e-news from the Alzheimer's Association on July 30, 2023, there were five different care options stated. (In-home, Adult Day Center, Long-Term, Respite and Hospice).

Hospice Care

Hospice care focuses on comfort and dignity at the end of life; it involves care and support services that can be of great benefit to people in the final stages of Alzheimer's and other dementias and their families.

- [What is hospice care?](#)
- [Starting care](#)
- [Length of care](#)
- [Costs](#)

What is hospice care?

Hospice providers with expertise in dementia can help families understand what to expect in the final stages of Alzheimer's and provide support throughout the end-of-life process.

Hospice is a special way of caring for people who are terminally ill — and for providing support to their family. The primary purpose of hospice care is to manage pain and other symptoms during the last six months of life where treatments focus on comfort rather than curing the underlying disease.

Hospice care is provided by a team of specially trained providers, including doctors, nurses, home health aides, social workers, counselors, clergy and volunteers. Family is often very involved in the care.

Examples of the care hospice teams provide include:

- Medical care to alleviate symptoms and pain (including medications and medical equipment)
- Counseling about the emotional and spiritual impact of the end-of-life
- Respite care to allow caregivers relief
- Grief support for the family

The majority of hospice care is provided at home or in a nursing facility. There are also some free-standing hospice facilities and hospice units within hospitals in certain parts of the country.

We can help

[Your local Alzheimer's Association chapter](#) can provide referrals to hospice care in your area.

The [Hospice Foundation of America](#) has information on how to locate a hospice, questions to ask when selecting a hospice, and resources related to hospice care and grief.

The [National Hospice Foundation](#) website offers guidance in finding and selecting a hospice program.

The [National Hospice and Palliative Care Organization](#) has a variety of free resources on topics including advance care planning, hospice and palliative care, and grief and loss.

How do you start hospice care?

To begin hospice care, an individual must have a life expectancy of six months or less. A physician's referral is needed. If you believe your family member is in need of hospice services, communicate this to the physician currently providing care. To locate a hospice provider, use our [Community Resource Finder](#).

Before hospice care begins, the hospice team meets with the referring physician as well as the family to create an individualized care plan. Once care begins, the family has 24-hour on-call access to hospice staff.

Hospice care can be stopped at any time.

How long can hospice services be received?

Hospice services are usually available for as long as they are needed. If someone receiving hospice care lives beyond six months, services are usually still covered by Medicare, Medicaid and many private insurers as long as a physician recertifies that the person is terminally ill and still meets hospice care requirements. It is best to check with the insurance provider about coverage.

Hospice Medicare Benefits

For detailed information on Hospice Medicare Benefits, download our handout, Medicare's hospice benefit for beneficiaries with Alzheimer's disease

Costs

Hospice is usually covered under Medicare, as well as many Medicaid and private insurance plans.

With Medicare, there are no deductibles and only limited coinsurance payments for hospice services.

Medicare covers hospice care if:

- The person receiving care has Medicare Part A;
- The person's physician and a hospice medical director certifies terminal illness, that is, life expectancy is six months or less, if the illness runs its normal course; and,
- The person (or person with durable power of attorney) elects to receive hospice care and waives the right for Medicare to pay for any other services to treat the terminal illness. Instead, Medicare pays the hospice and any related physician expenses. Medicare will continue to pay for any services not related to the terminal illness.

In some cases where a person does not have coverage, community donations make services possible.

5 questions to ask when selecting a hospice provider

1. Does the provider have a 24-7 call line?
2. Have the workers provided hospice care to other patients with Alzheimer's?
3. How long has the agency been open?

4. Does the hospice offer specialized services to improve the patient's comfort?
5. Is this hospice program Medicare certified?

Please remember that Chapter dues CAN NOT be used for donations to the Alzheimer's Association. Even if the Chapter is closing, they cannot donate the funds to NARFE-Alzheimer's Research.

Donations collected from NARFE members should be sent to the Federation Alzheimer's Coordinator for submission to the Alzheimer's Association and not be held for another month.

Thank you so much for all your support to make it possible to improve the lives of so many others!

Regards,
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